

# CYBERBULLYING

**What?** Willful and repeated harm inflicted through electronic media.(prevnet.ca)

**Where?**

**When?**

24 hours a day

Computers, tablets, cell phones,  
gaming systems.

**Who?**

Effects children of any age

## What parents can do about it:

- Teach your child to be respectful online.
- Listen to your child. Be aware of any unexplained changes in behaviour.
- Talk to your child. Encourage open communication so they know to come to you when they need help.
- Keep records of any inappropriate messages to show the school or police.



CommunityLinks

For more information and help to deal with  
cyber bullying go to [www.prevnet.ca](http://www.prevnet.ca)



Boys & Girls Club  
of Airdrie