## CYBERBULLYING

What? Willful and repeated harm inflicted through electronic media.(prevnet.ca) Where?

When?

24 hours a day

Who? Computers, tablets, cell phones,

> Effects children of any age gaming systems.

## What parents can do about it:

- Talk to your child. Encourage open communication so they know to come to you when they need help.
- Teach your child to be respectful online. Listen to your child. Be aware of any unexplained changes in behaviour.
  - Keep records of any inappropriate messages to show the school or police.



For more information and help to deal with cyber bullying go to www.prevnet.ca

