

PARENTS!

Do you know what's hiding in your child's cell phone?

For more helpful tips
about safe and
responsible cell phone
use for your children,
visit [www.prevnet.ca/
resources/cyber-tool](http://www.prevnet.ca/resources/cyber-tool)



CommunityLinks



Boys & Girls Club
of Airdrie

Teach your children safe and appropriate online behaviour. Talk about being considerate of others when posting online.

Talk to your children about what they use their phone for, and have them teach you about how they use different apps.

Have family rules about cell phone use, such as time (i.e.: not allowed after bedtime) and place (i.e.: not at the dinner table/during class).

Make sure your children know to talk to you if they need help, or if anything inappropriate is sent to them.

Keep tabs on what your children say and do in text messages and on apps. Be open with them about why you are interested in what they're doing.